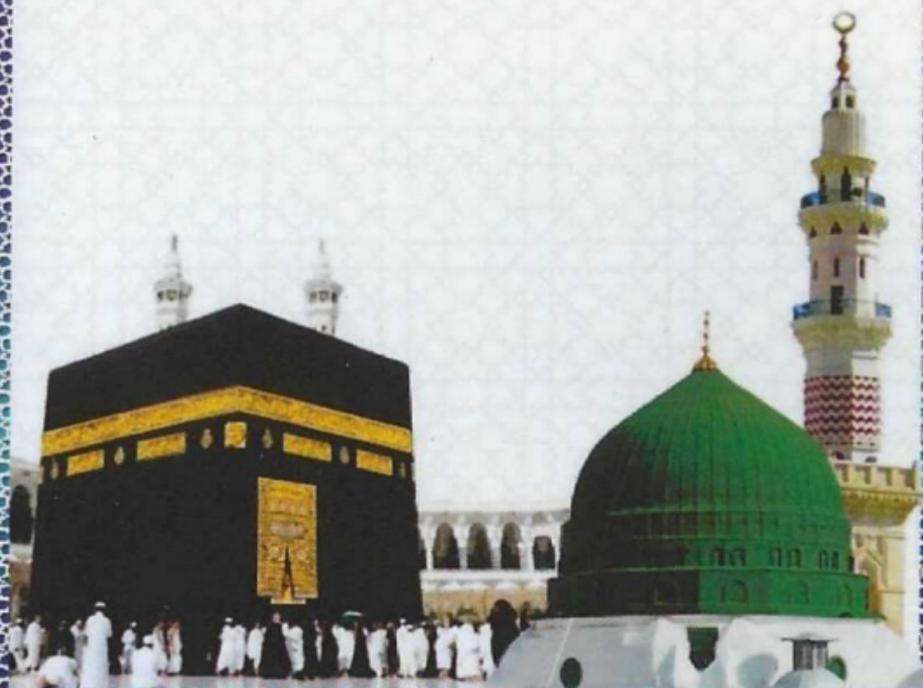


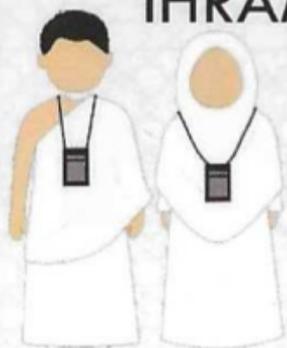
لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ

UMRAH DUAS FLASH CARDS



UMRAH KA TAREEQA

IHRAM



2 RAKAT IHRAM
KE NAFL PADHE



TALBIYAH

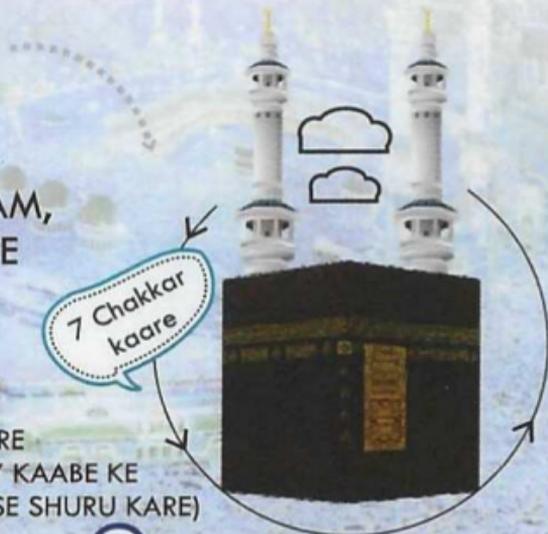
بِسْمِ اللَّهِ رَبِّكَ
بِسْمِ اللَّهِ رَبِّكَ

TALBIYAH
PADHTE RAHE

MAKKAH



MASJID AL-HARAM,
MAKKAH JAAYE



TAWAF KARE
(7 CHAKKAR LAGAY KAABE KE
ATRAAF HAJRE ASWAD SE SHURU KARE)

MAQAM
-E-
IBRAHIM

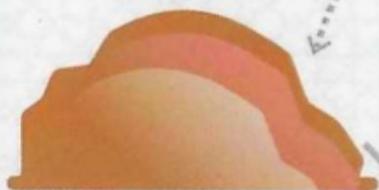


MAQAME IBRAHIM
KE PEECHE
2 RAKAT NAMAZ PADHE

Zamzam piye



SAFA



SAEE KARE
(7 CHAKKAR LAGAY
SAFA AUR MARWAH KE BEECH ME)



MARWAH



SAR KE BAL
HALQ YA QASR KARWAY

AFAAL -E- UMRAH ME 4 KAAM HOTE HAI

Jis me 2 Farz aur 2 Waajib Hai

Faraez-e-Umrah

Afaale Umrah me se
2 kaam Farz hai

1. Meeqat se Umrah ka Ihram bandhna,
yaani Umrah ki niyyat karke
talbiya padhna
2. Baitullah ka tawaf karna

Waajibat-e-Umrah

Umrah me 2 cheezein
Wajib hai

1. Safa marwa ke darmiyan Saaee karna
2. Saaee karne ke baad Sar ke baal
mundwana ya katwana

UMRAH SE PEHLE KE KAAM



1

Ghusul Karein.
Unwanted Hair Nikaldein,
Nakhun Kaatein, Ghusul
aur Wudhu Karein.

2

Meeqaat par Ihram ka
libas pahnein.

Mardon ke liye:

Do safed, saaf aur
silai ke baghair kapde.

Auraton ke liye: Saadgi aur haya ke
mutabiq Islami libas, kisi bhi rang ke
dupatte ke saath.



3

2 Rak'at Ihram ke nafl padhe

4

Umrah ki Niyyat Karein
aur yea dua padhe:

اللَّهُمَّ إِنِّي أُرِيدُ الْعُمْرَةَ فَيَسِّرْهَا لِي وَتَقَبَّلْهَا مِنِّي

Allahumma inni Uridul umrata
fa-yassirha li wa taqabbalha minni

Ya Allah main umrah ka irada karta hoon,
is ko mere liye aasaan karde aur isko mere
taraf se qubool farma aur iski adaaegi me meri
madad farma aur is me mere liye barkat ata farma.
Iske baad Talbiyah padhe Haram me dakhil hone tak

Ihram mein mana kaam:

1. Mard ka sila hua kapda pehenna
2. Mard ke liye sar aur chehra ka dhakna
3. Khushbu ya scented products ka istemal karna
4. Baal ya nakhun kaatna
5. Shikar karna ya kisi janwar ko nuqsan pahunchana
6. Aurton ke liye chahra dhakna, parde ke liye chehre ke saamne aesa kapda lagasakte hai ke kapda chehre pe na lage
7. Miya biwi wale khas talluq aur shewat ke kaamo ko karna

Talbiyah

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ
لَكَ لَبَّيْكَ، إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ
وَالْمُلْكَ لَا شَرِيكَ لَكَ

Transliteration:

Labbaik Allahumma Labbaik
Labbaik Laa Shareeka Laka Labbaik
Innal-Hamda, Wan-Ne'mata,
Laka wal-Mulk, Laa Shareeka Lak

Translation:

Main hazir hoon, Aey Allah!
Main Hazir hoon. Main hazir hoon,
Tera koi shareek nahi. Beshak
tamaam tareef, ne'matein aur
baadshahat sirf Tere liye hai.
Tera koi shareek nahi

Masjid Al-Haram me Dakhil hone. ke Aadab

Masjid me dakhil hone ki dua padhein

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

Transliteration:

Allahummaftah leeabwaba rahmatik.

Translation: "Aey Allah, apni rahmat ke darwaze mere liye khol de."

Jab Kaabe Shareef pe nazar pade to 3 martaba yeh padhe

اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ

Transliteration :

Allahu Akbar lailaha illallahu

Translation: "Allah sabse bada hai, Allah ke siwa koi maabood nahin"

Aur Durood padhkar jo dua maange, is waqt dua qubool hoti hai

Tawaaf Ke Aadab

Tawaaf Shuru Karne ke Liye
Hajre Aswad ke qareeb aay aur
yaha tawaf ki niyyat kare

اللَّهُمَّ إِنِّي أُرِيدُ طَوَافَ بَيْتِكَ
الْحَرَامِ فَيَسِّرْهُ لِي وَتَقَبَّلْهُ مِنِّي

Transliteration :

Allahumma inni uridu an
atufa lilumrati tawafa baytikal harami
fa-yassirhu li wa taqabbalhu minni

Translation :

Ae Allah me Umrah ki adaegi ke liye
baitullah ke tawaf karne ka irada karta
hoon pas isko aasan farmaiye mere liye
aur is ko meri taraf se qubool farmaiyye

Agr dua arabic me na padh sake to
koi aur zaban mein niyyat kare, ya dil me
tawaf karne ka niyyat kare

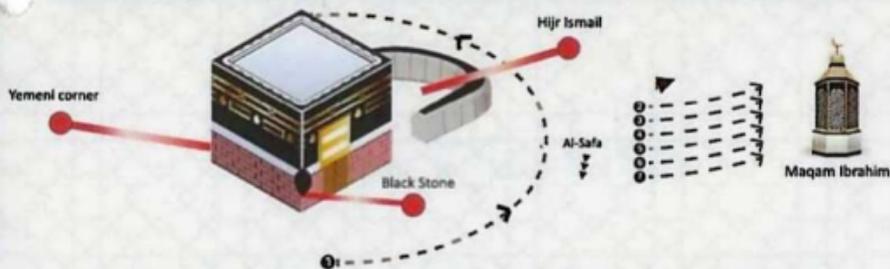


Istelaam Kare:

Dono haat kano tak uthay, phir dono hatheliya hajre aswad ki taraf rahe, phir yea dua padhein:

بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ وَلِلَّهِ الْحَمْدُ
 وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ
 اللَّهُمَّ إِيْمَانًا بِكَ وَوَفَاءً بِعَهْدِكَ
 وَاتِّبَاعًا لِسُنَّةِ نَبِيِّكَ مُحَمَّدٍ
 صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

Transliteration: Bismillah, Allahu Akbar, wa lillahil-hamd, was-salātu was-salāmu 'alā Rasūlillāh, Allahumma imānan bika wa wafa'an bi 'ahdika, wa ittibā'an li sunnati nabiyyika Muhammad ﷺ.



Iske baad haat chodh de, aur Mard Raml aur Iztiba ke saat aur Aurat bina Raml aur Iztiba ke Tawaf kare.

(Iztiba: Tawaf mein right kandha (shoulder) khula rakhna, Iztiba purey 7 chakkar me rahega Raml yea hai ke akadhta hua dono mondhe hilate hue tez qadm utha kar chale, Raml sirf pehle 3 chakkar me hoga

Tawaf ke har chakkar shuru karne se pehle Istelaam kare aur choti dua padhein:

بِسْمِ اللَّهِ، اللَّهُ أَكْبَرُ، وَلِلَّهِ الْحَمْدُ

Transliteration:

Bismillah, Allahu Akbar, wa lillahil-hamd

Translation:

Allah ke naam se (shuru karta hoon) Allah sabse bada hai, aur sari tareef

Istelaam ke baad har baar takbeer
wo tehleel kahe, yaani:

اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ

Tawaf ke darmiyan jo chahe Dua wo
Zikr kare. Tawaf karte hue yea padhe:

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ
وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ

Transliteration:

Subhaanallaah, walhamdu lillaah,
wa laa ilaaha illallaah, wallaahu Akbar

Translation:

Allah har nuqs se paak hai,
Aur sari tareef Allah ke liye hai
Aur Allah ke siwa koi maabood nahi,
Aur Allah sabse bada hai.

Upar ke kalimat
padhne ki fazeelat warid hui hai

Rukne Yemeni aur Hajr-e-Aswad ke
darmiyan yea dua padhna sabit hai:

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي
الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

Transliteration:

Rabbana aatina fid-duniya hasanataw
wa fil-aakhirati hasanataw wa qina
'azaaban-naar

Translation:

Aey hamare Rab! Humein duniya mein
bhalai ata farma, aur aakhirat mein
bhi bhalai ata farma, aur humein dozakh
ke azaab se bacha

Tawaf me jis qadr bhi Kaabe Shareef
ke qareeb ho behtar hai

Tawaf se farigh hokar maqame
Ibrahim ke peeche ya uske qareeb
2 rakat salat-e-tawaf padhein

Pehli rakat Surah Al-kafiroon
Dusri rakat: Surah Ikhlas
Yea 2 surat padhna masnoon hai

Zamzam ka paani piye 2 rakat namaz
padhne ke baad



Sae ke Aadaab

Jab Safa ke qareeb pahunch jay to Umrah ki Sae ki niyyat kare aur yea Quran ki ayat padhein:

إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ

Transliteration:

Innas-Safa wal-Marwata min sha'aairillah

Translation:

Beshak safa aur marnishaniyo me se hai wa Allah ki Safa ke paas Kaabe Shareef ko dekh kar ya rukh karke yea padhe:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ،

لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ يُحْيِي وَيُمِيتُ

وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ؛

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ أَنْجَزَ وَعَدَهُ وَنَصَرَ

عَبْدَهُ وَهَزَمَ الْأَحْزَابَ وَحْدَهُ



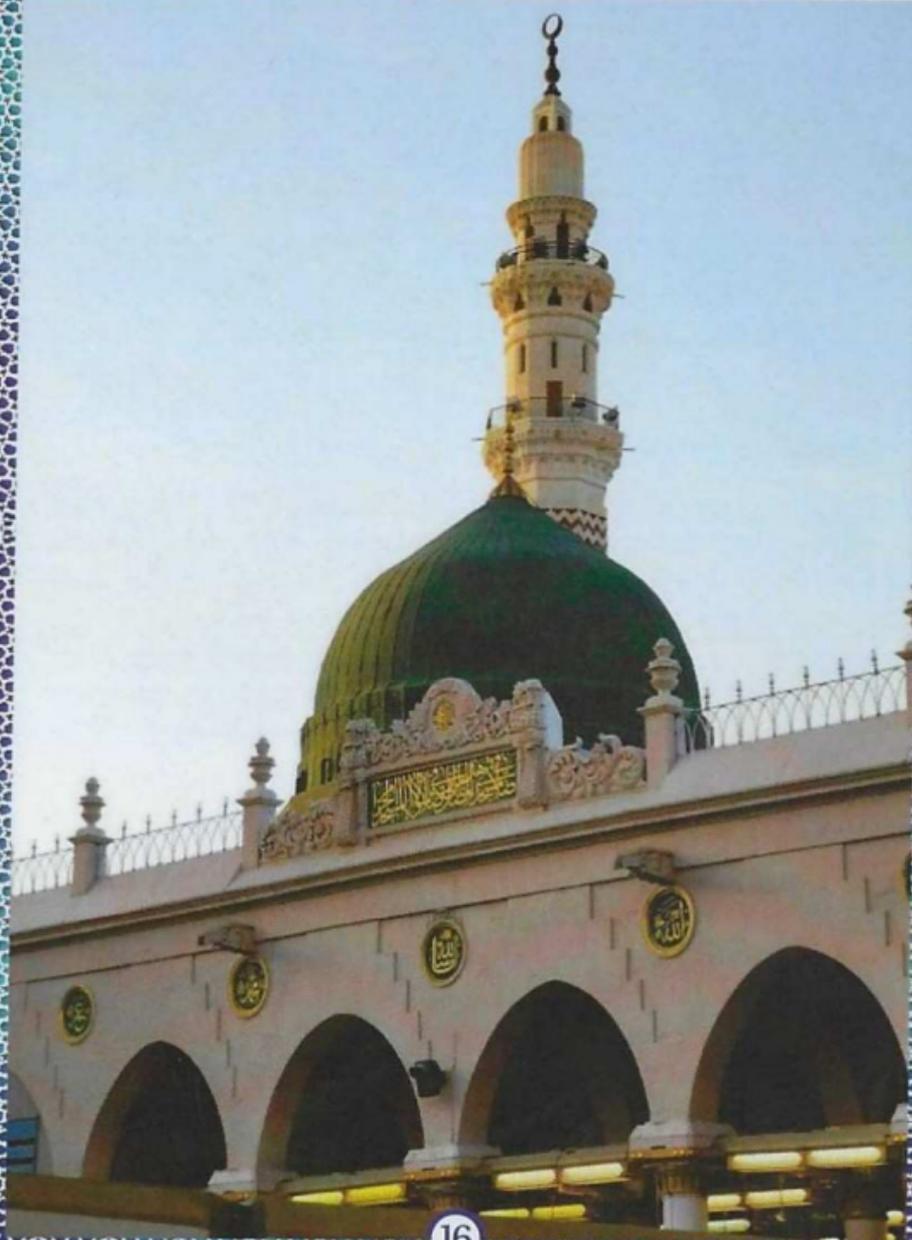
Transliteration: Laa ilaaha illallaahu wahdahu
 laa shareeka lahu, lahul-mulku wa lahul-hamdu,
 yuhyee wa yumeet, wa huwa 'alaa kulli shay'in
 qadeer. Laa ilaaha illallaahu wahdahu, anjaza
 wa'dahu wa nasara 'abdahu wa hazamal
 ahzaaba wahdah

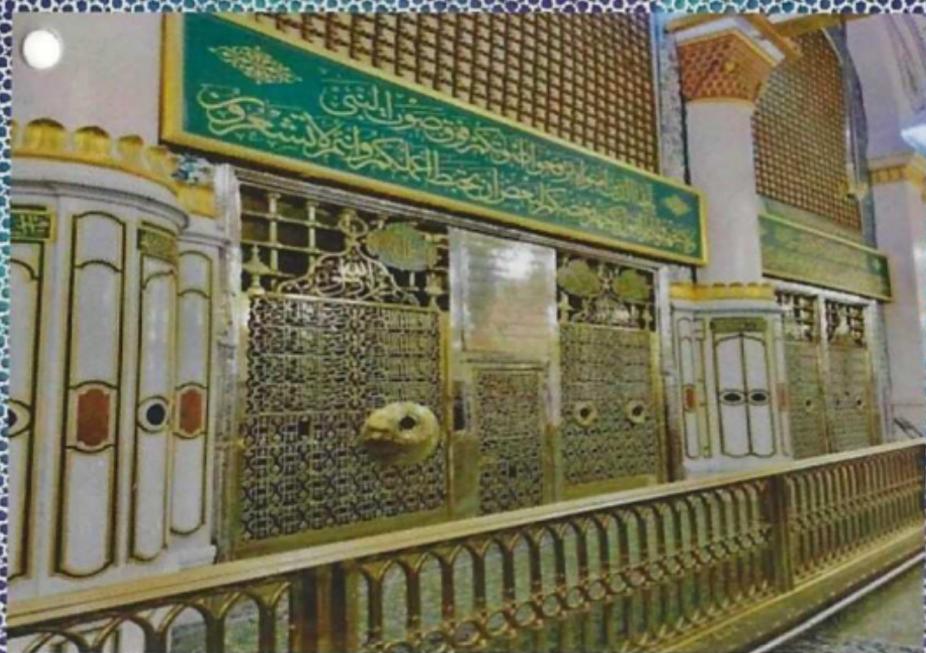
Translation: Allah ke siwa koi maabood nahi, Wo
 akela hai, uska koi shareek nahi. Sari baadshahi
 aur tareef usi ke liye hai, Wo zindagi deta aur
 maut deta hai, aur har cheez par poori qudrat
 rakhta hai. Allah ke siwa koi maabood nahi, wo
 akela hai, Usne apna wada poora kiya, apne banday
 ki madad ki, aur dushmano ko tanha hara diya

Hare rang (Green Colour) ke sutoon ki roshni ke
 darmiyan Mard daurd kar (bhaagte hue)
 chale, Aurat ke liye bhaagna nahi hai

Marwa pahunchne ke baad ek chakkar mukammal
 hogaya. Isi tarah 7 chakkar karke Sae khatam karne
 ke baad, Marwa ke paas Mard purey Sar
 kar ka Halq karay (sar ke baal mundhway)
 ya purey sar ke baal ek ungli ke baqadr katay.
 Mard ke liye Sar ke baal mundh wana afzal
 hai Aurat ungli ke siray ke baqadr baal katway.

Madina Munawwarah ki Ziyarat





Baitullah me Umrah ki sa'adath ke baad Madina Munawwarah me Rouze-e-Rasool Hazrat Mohammed ﷺ par hazri ke irade se jay aur Rouze Mubarak Ki Ziyarat adab aur khamoshi se khade ho kar salam pesh karein:

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا رَسُولَ اللَّهِ

Transliteration: "As-salamu 'alaika ya Rasool Allah"

Translation: Durood aur salaam ho aap par, ya Rasool Allah ﷺ

Apna salam pesh karne ke baad, apne Maa baap, rishtedaar ya kisi aur ka salam bhi naam lekar pesh kar sakte hai

Dono Sahaba ko salam pesh karein
Phir Hazrat Abu Bakr Siddiq (R.A)

السَّلَامُ عَلَيْكَ يَا سَيِّدَنَا أَبَا بَكْرٍ الصِّدِّيقِ

" As-Salatu was-salamu
'alaika ya Abu Bakr Siddiq (R.A)

Hazrat Umar Farooq (R.A)

السَّلَامُ عَلَيْكَ يَا عُمَرَ بْنَ الْخَطَّابِ

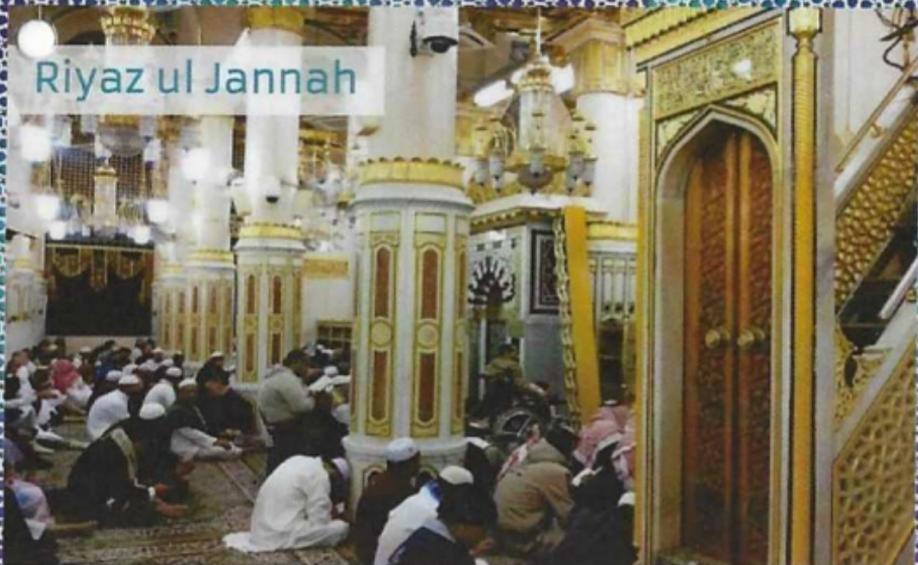
" As-Salatu was-salamu
'alaika ya Umar bin Khattab (R.A)

Masjid-e-Nabawi ﷺ me

Namaz ka sawab

Masjid-e-Nabawi ﷺ me bajam'at namaz padhne ka sawab ek Hadees me hai ke Rasool Ullah ﷺ ne irshaad farmaya ke meri is masjid me ek namaz ka sawab hazar namazo ka sawab ke behtar hai, siwae Masjid Haram ke, kyo ke Masjid Haram me bajama'at namaz padhne ka sawab dusri masjido ke muqable me ek lakh namazo se afzal hai
(Altarghib 2/214)

Riyaz ul Jannah



Riyaz ul Jannah Masjid-e-Nabawi ﷺ ka woh hissa hai jo Rasoolullah ﷺ ke ghar (qabr mubarak) aur unke mimbar ke darmiyan hai. Nabi ﷺ ne farmaya: "Mere ghar aur mimbar ke darmiyan ka hissa Jannat ke baagon mein se ek baagh hai." (Sahih Bukhari, Muslim)

2 rakat nafl namaz ada karein, Ustuwaanat Aisha (Aisha R.A. ka sutun) ke peeche agar jagah mil jaye to wahan padhna zyada fazilat wala hai. Yea dua qabool hone ki jagah hai.

Masjid-e-Nabawi ﷺ me 40 Namaze: Hazrat Anas (R.A) se riwayat hai ke Rasool Ullah ﷺ ne irshaad farmaya jis ne meri masjid me 40 namaze is tarha padhien ke ek bhi namaz fout na hui, to Allah Ta'ala usko do cheezon se nijat ata farmata hai: dozakh (jahannum) se aur nifaq (munafiqat) se. (Musnad Ahmad)

Jannat-ul-Baqi Ziyarat



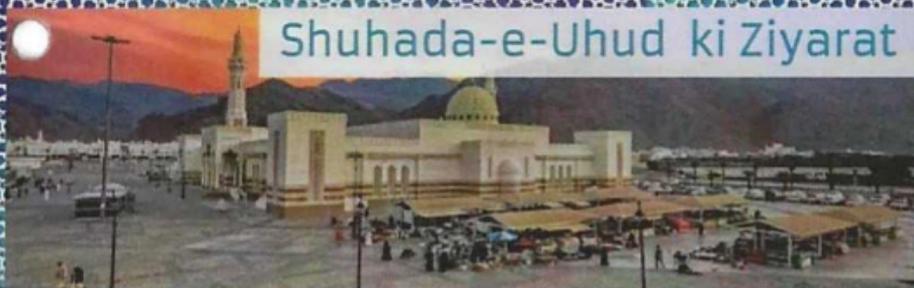
Yahan hazri ke mauqe per yo salam arz kare:

السَّلَامُ عَلَى أَهْلِ الدِّيَارِ مِنَ الْمُؤْمِنِينَ وَالْمُسْلِمِينَ، وَيَرْحَمُ اللَّهُ

الْمُسْتَقْدِمِينَ مِنَّا وَالْمُسْتَأْخِرِينَ، وَإِنَّا إِن شَاءَ اللَّهُ بِكُمْ لَلْحَقُونَ

Jannat-ul-Baqi me hazaro sahaba, tabe'en aur salaf saleheen raziallahu anhum madfoon hai. Jin me Rasool Ullah ﷺ ke damaad Hazrat Osman Ghani (R.A), Rasool Ullah ﷺ ke chacha Hazrat Abbas(R.A), Rasool Ullah ﷺ ke nawase Hasan \ bin Ali(R.A) aur Rasool Ullah ﷺ ke sahebzade Ibraheem aur Rasool Ullah ﷺ ke sahebzadiya Ruqaiya, Zainab aur Umme Kulsum aur Rasool Ullah ﷺ ke phuphiya aur Rasool Ullah ﷺ ki Azwaj Mutharirat aur Rasool Ullah ﷺ ki khas khadim Abdullah ibn Masood (R.A) aur Ashre Mubashara me se Hazrat Abdul Rahman ibn Ao'of aur Hazrat Sa'ad bin Abe Waqas rizwan ullahi ta'ala alaihim aur bhi Sahab madfoon hai.

Shuhada-e-Uhud ki Ziyarat

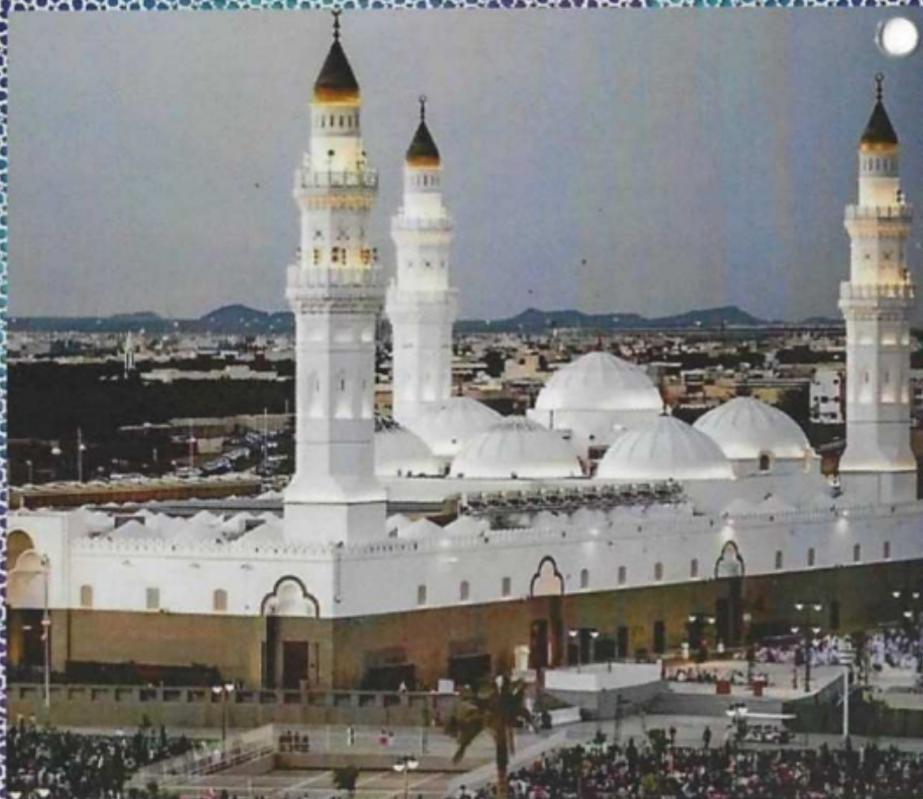


Madinah Munawwarah ke qiyam me Uhad bhi zaroor jaye, yea ek pahad ka naam hai. 3 hjjri me Uhad ke qareeb jang hui thi. Makkah ke mushrikeen hamla awar hokar chad aaye the. RASOOL ULLAH ﷺ aur aap ke sahaba (R.A) in inse muqabla kiya jisme HAZRAT HAMZA (R.A), Hazrat Musaib bin Umair (R.A) aur 70 se zyada Sahaba (RA) shaheed hue. Aaj bhi Madinah ke baher Jabal-e-Uhud ke qareeb Shuhada-e-Uhud ka maqbara mojud hai jahan log ziyarat ke liye jaate hain.

Qabristan ya shuhada par hazri ke waqt salam arz kare:

السَّلَامُ عَلَى أَهْلِ الدِّيَارِ مِنَ الْمُؤْمِنِينَ وَالْمُسْلِمِينَ، وَيَرْحَمُ اللَّهُ
الْمُسْتَقْدِمِينَ مِنَّا وَالْمُسْتَأْخِرِينَ، وَإِنَّا إِن شَاءَ اللَّهُ بِكُمْ لَلْآحِقُونَ

Transliteration: Assalamu 'alaikum ahlad
-diyari minal-mu'minina wal-muslimeen,
wa inna inshaAllahu bikum la laahiqaon,
nas'alullaha lana wa lakumul 'aafiyah



Masjid Quba me Namaz

Jo shakhs apne ghar mein achi tarah wuzu kare, phir Masjid-e-Quba mein ja kar namaz padhe, to usay ek umrah ka sawab milta hai.

(Sahih Bukhari, Sahih Muslim)

Hazrat Ibne Omer(R.A) se riwayat hai ke Rasool Ullah ﷺ Masjid Quba tashreef le jaya karte the. Kabhi sawari pe ya kabhi paidal aur 2 rakat namaz padhte the. (Sahih Bukhari, Sahih Muslim)

Maqam Jung-e-Badr ki Ziyarat



Madinah Munawwarah ke qiyam me hosake to Jung-e-Badr ke maqam ko zaroor jaye, jo Madina se 150 Kms dur hai. Ghazwa-e-Badr (Battle of Badr) ladi gayi thi. Yeh Islami tareekh ki sabse pehli aur aham jang thi jo Ramzan ke mahine mein, 17 Ramzan 2 Hijri ko hui thi.

Maqbarah Shuhada-e-Badr Yahan 14 Sahaba (dafn hain jo Ghazwa-e-Badr mein shaheed hue.

Qabristan ya shuhada par hazri ke waqt salam arz kare:

السَّلَامُ عَلَى أَهْلِ الدِّيَارِ مِنَ الْمُؤْمِنِينَ وَالْمُسْلِمِينَ، وَيَرْحَمُ اللَّهُ
الْمُسْتَقْدِمِينَ مِنَّا وَالْمُسْتَأْخِرِينَ، وَإِنَّا إِن شَاءَ اللَّهُ بِكُمْ لَلْآحِقُونَ